



Test Ninjas

VOCABULARY STUDY SERIES

PSAT 8/9 VOCABULARY

PSAT 8/9 Vocabulary: Flexibility & Rigidity

12 focused words in Flexibility & Rigidity

12

UNIQUE WORDS

1

CATEGORIES

PSAT 8/9

EXAM FOCUS



About this study guide

This vocabulary guide was prepared and published by Test Ninjas as an independent study resource. It is designed to help students build the precise word knowledge needed for demanding academic reading and reasoning.

How to use this guide

Study in short, repeated sessions. Read each definition, say the word aloud, and use the example to understand how the word functions in context. Return to unfamiliar words until you can explain them without looking at the definition.

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001 accommodate *verb · Foundational***FLEXIBILITY & RIGIDITY**

to provide space or lodging for; to adjust to meet needs

The hotel can **accommodate** up to 500 guests, making the contrast between adaptability and inflexibility especially clear in practice.

MEMORY CUE: A hotel adds a cot to accommodate one more guest: it makes room and adjusts to a need.

002 adapt *verb · Foundational***FLEXIBILITY & RIGIDITY**

to adjust or modify to suit new conditions

Animals must **adapt** to changing environments to survive, revealing how readily the plan could respond when the surrounding conditions changed.

MEMORY CUE: A chameleon adapts by changing color to suit its new surroundings.

003 confined *adjective · Foundational***FLEXIBILITY & RIGIDITY**

restricted or limited to a particular area

The patient was **confined** to bed rest for several weeks, making the contrast between adaptability and inflexibility especially clear in practice.

MEMORY CUE: A confined object cannot leave the small fence that restricts its area.

ALSO · ADJECTIVE: restricted in area or volume

004 immune *adjective · Foundational***FLEXIBILITY & RIGIDITY**

resistant to a particular infection or toxin; protected from something harmful

After recovering from the illness, she became **immune** to the virus, making the contrast between adaptability and inflexibility especially clear in practice.

MEMORY CUE: An immune shield blocks a specific germ or harmful force.

005 resilient *adjective · Foundational***FLEXIBILITY & RIGIDITY**

able to withstand or recover quickly from difficult conditions

Children are often more **resilient** than adults give them credit for, revealing how readily the plan could respond when the surrounding conditions changed.

MEMORY CUE: A resilient tree bends in the storm, survives, and rises upright again.

006 responsive *adjective · Foundational***FLEXIBILITY & RIGIDITY**

reacting quickly and positively to suggestions or influences

The customer service team was very **responsive** to our concerns, making the contrast between adaptability and inflexibility especially clear in practice.

MEMORY CUE: A responsive system receives a signal and immediately sends back a helpful answer.

007 rigid *adjective · Foundational***FLEXIBILITY & RIGIDITY**

unable to bend or be forced out of shape

The **rigid** structure withstood the storm, making the contrast between adaptability and inflexibility especially clear in practice.

MEMORY CUE: A rigid rod stays straight and cannot be bent.

010 flexible *adjective · Foundational***FLEXIBILITY & RIGIDITY**

capable of bending easily without breaking

The **flexible** schedule accommodated everyone, revealing how readily the plan could respond when the surrounding conditions changed.

MEMORY CUE: A flexible band bends into new shapes without breaking.

008 versatile *adjective · Foundational***FLEXIBILITY & RIGIDITY**

able to adapt to many different functions

The **versatile** tool had multiple uses, revealing how readily the plan could respond when the surrounding conditions changed.

MEMORY CUE: A versatile tool unfolds into many forms for different functions.

011 yielding *adjective · Foundational***FLEXIBILITY & RIGIDITY**

giving way under pressure

The **yielding** material absorbed impacts, showing whether the people involved could adjust their approach without losing sight of the goal.

MEMORY CUE: A yielding cushion gives way when pressure presses down.

009 stubborn *adjective · Foundational***FLEXIBILITY & RIGIDITY**

having or showing dogged determination

His **stubborn** resistance frustrated everyone, revealing how readily the plan could respond when the surrounding conditions changed.

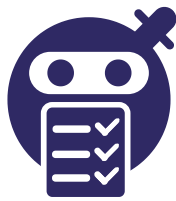
MEMORY CUE: A stubborn figure grips one position and refuses to move.

012 cooperative *adjective · Foundational***FLEXIBILITY & RIGIDITY**

willing to work together

The **cooperative** team achieved success, revealing how readily the plan could respond when the surrounding conditions changed.

MEMORY CUE: Cooperative partners carry the same load together.



PSAT 8/9 VOCABULARY

Keep building your edge.

Vocabulary grows through repeated exposure and deliberate use.
Revisit this list, write with the words, and practice recognizing their
meaning in context.

More focused practice at test-ninjas.com